



Preston Royal  
Preschool

# Preston Royal Preschool Curriculum

We believe all children will fall in love with learning if given a playful atmosphere of hands-on exploration, shared experiences with music and literature, and small group discussions with classmates and dedicated teachers. We encourage the development of spoken language, phonics, math, science and social studies concepts in a play-based curriculum. Throughout their time at Preston Royal Preschool, all children participate in Spanish and music classes. Each day all children will have books read to them by teachers and parent volunteers.

**Music** plays a vital role in engaging the part of your child's brain associated with developing math skills. There is a Music teacher that implements a music and movement curriculum two days a week. The classroom teachers lead music classes the remaining days of the week using our eclectic music collection, as well as a wide assortment of rhythm instruments and other items to augment the children's enjoyment of music.

**Spanish** classes are taught once a week, by a Spanish speaking teacher, focusing on words for those things that are part of daily life.

**Gross Motor Skills** are a necessary part of development and are used in kindergarten readiness assessments. They require increasing levels of coordination. These skills progress from crawling to walking to running. Other useful skills that we practice are jumping, hopping, skipping, balancing and pedaling tricycles.

## **Curriculum by Age**

For **18-23 month olds**- we begin their school experience focusing on social interaction, developing trust, creative (often messy) play, and fine and gross motor skills.

- Helping each child develop a sense of safety and trust at school
- Gross motor skill development in the "Muscle Room" and on the playground
- Early fine motor skills practice with art materials, toys and books
- Social skill development
- Introduction of shapes, colors, letter and number concepts
- Acclimation to classroom routines

For **2-year-olds**- we add pre-writing activities, begin letter and number recognition

- Pre-writing activities, focused on fine motor skills and muscle usage, including daily art activities, manipulatives and introduction of scissors
- Gross motor activities expand to tricycles
- Increase exposure to letters and numbers, begin name recognition
- Continue learning and practice of self-help and social skills
- Spanish class (may not start until January)

For **3-year-olds**- we increase pre-writing activities, refine letter and number recognition

- Pre-writing activities, including daily use of scissors, Playdoh and drawing
- Work toward forming correct pencil grip, using fun activities designed to increase dexterity and strength in the hands
- Focus on increasing language skills and vocabulary comprehension, with a word wall, songs and finger plays related to the theme and circle time discussions
- Observe the weather and natural objects, explore answers to why and what questions, make conjectures
- Begin very simple addition and subtraction in the course of discussions and events
- Exposure to different cultures and customs
- Spanish Class once a week

For **4-5 year olds**- we build on the above, with more activities designed to further develop fine and gross motor skills, to explore science and math principles, to enhance pre-reading skills and to prepare for Kindergarten.

- Fine motor skill development, including writing, drawing, building, art and a wide variety manipulative activities
- Science and math activities, such as cooking, conducting simple experiments, observation, estimating and graphing
- Fine tune correct pencil grip and cutting skills
- Increased vocabulary and phonics, as well as introducing sight words to assist with learning to read
- Academic enrichment specialists who provide one-on-one activities specific to kindergarten readiness and tailored to each child
- Spanish Class once a week
- Expansion of self-help skills to assist with transition to kindergarten